Traumeel...
Nothing like it in the world!

Anti-inflammatory. Analgesic

Injuries of all kinds (sports, accidents) such as sprains, dislocations, contusions, burns, effusions of blood and effusions into a joint, fractures etc; post-operative and post-traumatic edema and swelling of the soft tissues; inflammatory processes and degenerative processes associated with inflammation on the various organs and tissues, including, in particular, on the support and mobility apparatus (tendovaginitis, styloiditis, epicondylitis, bursitis scapulohumeral periarthritis, arthrosis of the hip, knee and small joints); parodontitis, suppuration of the gingival pockets, paradontosis, commotio cerebri.

**Indication:** For the temporary relief of muscular pain, joint pain, sports injuries and bruising.

**Active Ingredients:** Each 50 g contains: Calendula officinalis 1X 0.75 g, Hamamelis virginiana 1X 0.75 g, Arnica montana, radix 3X 0.75 g, Aconitum napellus 3X 0.5 g, Belladonna 3X 0.5 g, Bellis perennis 1X 0.25 g, Chamomilla 1X 0.25 g, Echinacea 1X 0.25 g, Echinacea purpurea 1X 0.25 g, Millefolium 1X 0.15 g, Hepar sulphuris calcareum 8X 0.125 g, Mercurius solubilis 8X 0.06 g, Symphytum officinale 4X 0.05 g, Hypericum perforatum 6X 0.045 g, Contains Ethanol 10% by volume

**Inactive Ingredients:** Cetylstearyl alcohol, Ethanol USP, Paraffin, Purified water, White petrolatum

**Dosage Form:** Ointment

**Warnings:** For external use only. Do not apply over large areas of the body. If symptoms persist or worsen, or if a rash develops, a physician should be consulted. Store at room temperature. Keep this and all medicines out of the reach of children.

**Interactions:** None Known

**Side Effects:** In rare cases, allergic skin reactions may develop.

**Net Contents:** 50g 1.76 oz.
Although the scientific support behind some forms of complementary medicine is sparse, randomized, double-blind, placebo-controlled trials have been published in reputable peer-reviewed journals (e.g. *The Lancet, Pediatrics, British Medical Journal*) which scientifically support the clinical effectiveness of homeopathy in general, and Heel/BHI products in particular.

All of the Heel Inc. products are formulated according to a concept called homotoxicology; a bridge between classical homeopathy and conventional pharmacology. In general, Heel Inc. products are combination formulations which contain measurable amounts of active ingredients and are used to treat specific indications. In other words, homotoxicological products are easy to use and understand for a health care practitioners trained within the conventional medical paradigm as well as those trained in nonconventional medicine.  

A good example of this is TRAUMEEL®, an effective NSAID without side effects.

*Refer to page 1237 of the 1997 *Physician’s Desk Reference* and page 1187 of 1998 *PDR.*

TRAUMEEL® is an anti-inflammatory, analgesic, anti-edematous, anti-exudative combination formulation of 12 botanical and 2 mineral substances. TRAUMEEL® is officially classified as a homeopathic combination remedy. It is indicated for the temporary relief of symptoms associated with inflammatory, exudative, and degenerative processes due to acute trauma (such as contusions, lacerations, fractures, sprains, post-operative wounds, etc.), repetitive or overuse injuries (such as tendinitis, bursitis, epicondylitis, etc.), and for the temporary relief of minor aches and pains associated with such conditions. TRAUMEEL® is also indicated for the temporary relief of minor aches and pains associated with backache, muscular aches, and the minor pain from rheumatoid arthritis, osteoarthritis, gouty arthritis, and ankylosing spondylitis.

As with many pharmaceuticals including the conventional NSAIDs, the exact mechanism of action of TRAUMEEL® is not fully understood. However, it appears to be the result of modulation of the release of oxygen radicals from activated neutrophils, and inhibition of the release of inflammatory mediators (possibly interleukin 1 from activated macrophages) and neuropeptides.

Due in part to its lack of side effects, TRAUMEEL® is not a conventional NSAID. However, despite its status as a nonconventional pharmaceutical, the clinical effectiveness of TRAUMEEL® is supported by scientific research and over 30 years of worldwide usage. For example, a randomized, double-blind, placebo-controlled study of TRAUMEEL® Ointment for the treatment of ankle sprains by Zell, et al, was published in *Biological Therapy.* The patients treated with TRAUMEEL® were pain free and had a greater range of motion sooner than the control group. Furthermore, the methodological quality of the Zell study in *Biological Therapy* was verified in a meta-analysis by Kleijnen, et al, in the peer-reviewed scientific publication, the *British Medical Journal.* Of 107 homeopathic studies reviewed by Kleijnen, et al, the Zell study of TRAUMEEL® ranked within the top 5% for methodological quality. More recently, the September issue of *The Lancet* published a meta-analysis of homeopathic studies in which three different controlled studies demonstrated the effectiveness of Traumeel® over placebo.