

# Tatiana Wellens, DPM, PhD

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## PROFESSIONAL EXPERIENCE

### CENTRAL FLORIDA FOOT AND ANKLE CENTER, LLC, Winter Haven , FL

*President/Podiatrist, Aug 1999 – Present*

- Surgically treat conditions such as corns, calluses, ingrown nails, tumors, shortened tendons, bunions, cysts, and abscesses.
- Diagnose diseases and deformities of the foot using medical histories, physical examinations, x-rays, and laboratory test results.
- Prescribe medications, corrective devices, physical therapy, or surgery.
- Advise patients about treatments and foot care techniques necessary for prevention of future problems.
- Treat bone, muscle, and joint disorders affecting the feet and ankles.
- Refer patients to physicians when symptoms indicative of systemic disorders, such as arthritis or diabetes, are observed in feet and legs.
- Make and fit prosthetic appliances.
- Correct deformities by means of plaster casts and strapping.
- Educate the public about the benefits of foot care through techniques such as speaking engagements, advertising, and other forums.
- As a foot and ankle surgeon, these are only a few of the many lower extremity maladies that we treat. My clinic has helped over 70,000 patients and performed over 10,000 surgeries.

## CREDENTIALS AND LICENSES

- Board Certified by the American Board of Foot and Ankle Surgery
- Fellow, American College of Foot & Ankle Surgeons
- Fellow of the Association of Extremity Nerve Surgeons
- Member, Peripheral Nerve Surgery Society
- Member, American Podiatric Medical Association
- Member, Florida Podiatric Medical Association

## ADDITIONAL SKILLS

- Bilingual
- Voted the top podiatrist in Central Florida in 2019 in the Best of Central Florida contest by the Ledger.
- Offering state-of-the-art STANDING CT IMAGING (Only 7 in the state of Florida)
- 1 of 2 physicians in Polk County certified to perform Lapiplasty Correction Procedure
- Certified to perform the minimally invasive TenJet procedure for plantar fasciitis and Achilles tendonitis
- Trained to perform surgical decompression of common peroneal nerve
- Trained to perform neuroplasties of posterior tibial nerve and peroneal nerve
- Trained in revisional and reconstructive surgery of foot and ankle

## EDUCATION

### **Barry University School of Podiatric Medicine Miami, FL**

*Doctor of Podiatric Medicine Degree Podiatry (May 1997)*

- **GPA:** 3.8
- **Awards & Honors:** Cum Laude, Graduated in the top 5% of the class , Recipient of “Outstanding student Award in Orthopedics and Biomechanics”, Recipient of the American Association for Women Podiatrists Scholarship , Presidents List 5 semesters, Deans list 7 semesters

### **Sechenov Moscow Medical Academy Moscow, Moscow**

*Ph.D. Biomechanical Sciences (Nov 2002)*

- **Awards & Honors:** Recipient of “Outstanding student Award in Orthopedics and Biomechanics”

### **Barry University School of Podiatric Medicine Miami, FL**

*Master of Science Degree in Biomechanical Sciences Biomechanical Sciences (Dec 1994)*

- **GPA:** 3.9
- **Awards & Honors:** Cum Laude

### **South Miami Hospital Miami, FL**

*Podiatric Surgical Residency Program-24month Chief Resident Podiatry (Jun 1999)*

- **Relevant Coursework:** Performed and assisted in over 800 cases including reconstructive and rear foot and ankle surgery

### **University of South Florida Tampa, FL**

*Bachelor of Arts Degree in Chemistry (May 1993)*

- **GPA:** 3.8
- **Awards & Honors:** Chemistry Honor List 1992-1993 Academic year, Florida Science Society – Winner of the Annual Student Scientific Research, Golden Key National Honor Society National Member

### **The Dellon Institute for Peripheral Nerve Surgery Baltimore, MD**

*Fellowship Training in Peripheral Nerve Surgery Peripheral Nerve Surgery (May 2004)*

### **Central Institute of Trauma and Orthopedics Kurgan, Moscow**

*Ilizarov External Fixation International Fellowship Podiatry (May 1999)*

### **Sechenov Moscow Medical Academy Moscow, Moscow**

*Podiatry (May 1991)*

- **GPA:** 4.0
- **Awards & Honors:** Valedictorian of the Class, Early acceptance due to high academic performance , Recipient of Governmental Scholarship every year, Russian Medical School Representative to study in the US for a year on a full tuition Scholarship